

WHAT'S UP?



At Alexander Galt

Vol. 6 No. 4, February 1992

25 cents

DEVILS DANCE WITH DELIGHT AT CARNIVAL TRIUMPH!

All week the Gremlins went around, rightfully, with their snouts in the air as they were about to taste the joys of experiencing yet another Winter Carnival championship. Who could possibly have bested the superior organizational skills than those shown by the Gremlinic Leaders of Orange - 307? Nobody! The tired, lazy and loungers were upbraided and cajoled into supporting what, after all, was a well-oiled machine with everything revving to go.

Fate. That's what it was. As the activities took place over the Monday to Thursday noon hours, it was plainly evident that the Lizards had some sort of indefinable but most unfortunate problem. Perhaps they are realizing the real meaning of evolution. Such reptiles must show more of what has kept them in existence so long. Anyway, all Lizards were green with envy this year. The Armadillos seemed to be scaring the ears off the Gremlins for a couple of agonizing days as they stacked their numerous victories from the fields of conflict on top of each other. No one in their right mind could credit the fact that these armour-plated characters were lining up for the top award! Even the Devils from far-off Tasmania seemed to be revelling in the sense of triumph and some were meanly saying to members of the other teams that this would be THEIR year! No one could doubt that, proceeding into the final day, the Gremlins were best-placed to sweep to victory yet again. Would that it had been so!

After everybody's eardrums had been finished off by the concerters most enjoyable

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SHOWTALK - PART 1

IN THE BEGINNING

by K.M. Fahmy

It's been ten long months since the cast of "The Skin of Our Teeth" took their final bows and everyone is now ready once again to see Alexander Galt's actors strut their stuff on stage. Director Nelson Gonyer was considering a few plays he might have liked to perform before talking with writer William J. Lee.

Mr Lee had never before written a play. He had written screenplays but when his friend, Mr Gonyer, approached him with the idea of writing a play, he jumped at it. Mr Lee came up with the idea of Showtalk and before he knew it, Mr Gonyer had the first draft in his lap.

Showtalk is purely and simply a satire. This particular one pokes fun at that great and secret world of afternoon talk shows. No part of the business is left out and some are just slaughtered with jokes.

Showtalk is the story of two talk show hosts, Evie Abromovich, a cheap and aging combination of Sally Jessy Raphael and Oprah Winfrey, and Jerry Parks, a sleazy mix of Phil Donahue and Geraldo Rivera.

Other principal characters include the slightly corrupt producer of both shows, Aaron Meyer. His somewhat nerdy assistant, Arnold Watt, is lovesick for Evie's beautiful Russian assistant, Marika Shevchenko.

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LEVEL THREE

CAREER PLANNING DAY

Friday morning of January the thirty-first was a time of opportunity for most Level Three students: those who responded positively to the challenge of selecting three career planning sessions from a wide choice of options. Each year Mrs Belden succeeds in having a number of people from many sectors of Canada's work force, from banking to fashion design, from veterinary medicine to police work and from many other occupations, come here to speak with interested students.

The present dilemma of Canada's work force is that of thinking out ways that we Canadians can be more competitive in a fast-changing world. For a start, all members of our student body must realize that diligence in accomplishing our assignments and close attention to the material of each class session from Physical Education to Physics is more than ever necessary. The ability to obtain and hold a job without a high-school leaving certificate is rapidly becoming wellnigh impossible. The school experience must be seen as an important work experience.

Once again, those students who did take part in Career Planning Day are the winners because they have now a means of assessing the type of career for which they may wish to plan and a sense of how to get there. Those who did not display enough interest to have the enrolment forms completed have much to answer for - chiefly to themselves.

All the words we read in newspapers and magazines or hear in the television and radio programmes about high quality work, maintaining a company at the "cutting edge" of its industry and so forth are no different from what we should be experiencing here in school. The problem is we do not hear these things enough here.

262 Queen
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J1M 1K6

Barry Pepin
J.R. Pepin



tél.(819)569-2411

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LOUD programme featuring some of our most talented musicians - where were you, Raph? we all proceeded to the Athletics Room where we learned that the whole Carnival had been jinxed right from the beginning. It was devilishly clever, one must admit. Trident raised on high, fiendish grins, horns and pointed tails, there they were all the Dancing Devils. They get the cake, the sense of victory, the built-up sense of self-esteem, a boost for their egos. An old freighter is waiting at Pier 13 in Montreal en route for New York, Panama Canal, Ecuador, Chile and Tasmania. Now that partytime is over, we all wish this year's champions a Bon Voyage.

The Gremlin Government is readying its troops for a 1993 win.

Perhaps the teams as organized for Carnival could be the same ones for year-long contests in other areas like academic subjects and intramural sports. The possibilities are endless. Carnival proves the old saying about humanity at large: there are three types of people, those in the parade, those watching the parade and those who do not even know that there is a parade.

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These five pitiful characters are the focus amidst a plethora of perplexing support characters. These include such

wacky guests as Leatherface (the psychotic character from the Texas Chainsaw Massacre movies), and his hapless victim Herman Schultz. An African witch doctor, a sex-crazed scientist and his lab assistant, Dr. Beth, a hilarious takeoff on Dr. Ruth, and a man who likes to dress up as a baby, drop in as well.

This play is nothing, if not ambitious. It includes a cast of over fifty, some scenes full of what Mr. Lee calls "organized confusion", and some slapstick comedy that will have everyone rolling in the aisles.

Next month I hope to interview Mr Gonyer to get some of his feelings about the play as well as those of some of the stars: Marie-Eve Owen, Tim Brink, Tim Crook, Charles Legault and Christina Gerychova.

I'm sure we're all looking forward to opening night.

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YOU ARE WHAT YOU EAT by Bronwen Kyffin

Nutrition- now there's a scary word for you. Conjuring up images of vegetables, fruits and other horrible foods your mother claims are good for you. But whether you want to admit it or not, nutrition is essential for maintaining a healthy life. What's that you say? You don't have time to think about eating healthy? Wrong, but thank-you for playing and better luck next time. Just the fact that you started reading this proves that you have time on your hands. So let's begin shall we.

Situation #1: You approach the counter and are about to ask for your usual: a Nutti-butti and a chocolate milk. Suddenly, out of the corner of your eye you spot the salad bar. You think to yourself(or at least you should), gee, maybe I should eat something a little more healthy. Especially if you had Gym that morning. If you did, chances are you lost vitamins, minerals, and carbohydrates that now need to be replaced. This doesn't mean you have to eat like a rabbit for the rest of your life, you just have to learn to use your brain a little.(Yes, your secret is out, I know you have a brain.) Have a sandwich or two instead of a large plate of fries. A couple of times a week have some fruit or veggies instead of that piece of pie. If you did happen to have Gym that morning, drink some Gatorade. It's really much better than just drinking water afterwards, whether you're a jock or not.

Situation #2: You don't eat lunch at all. This is a big no. An adolescent needs

approximately 12 800 kilojoules (the metric equivalent of calories.) per day. If you're skipping lunch chances are you're not making it. You're resistance to colds and illnesses will be lower. Concentrating on afternoon classes will be a lot harder and you will begin to feel rundown. Now I know you're sitting there thinking I'm full of --, but it's true, these are well proven facts. So even if you're doing it to lose weight, it's just not smart. One alternative would be to eat three smaller meals, or exercise more. An even niftier idea would be to consult your doctor to see if you really do need to lose weight, or if you're falling into the "I have to be as thin as Twiggy" syndrome.

Situation #3: You're a vegetarian. Not that there is anything wrong with that. I just want to make sure you're being smart about it. Meat is an important source of Iron, Copper, and Phosphorous. So you have to make sure that you get them from other sources. A book by Joseph M. Kadans Ph.D, entitled "Encyclopedia of Fruits, Vegetables, Nuts, and Seeds for Healthful Living", is an excellent reference guide for everyone. In addition to listing the nutritional value and the reported health

benefits, it also gives different ways they can be prepared.

According to Canada's food guide, an adolescent should have 3 to 4 servings of Milk Products, 4 to 5 servings of Fruits and Vegetables, 3 to 5 servings of breads and Cereals, and 2 servings of Meat and Alternates per day. Of course, because it is published by the government, figuring out what one serving is can be extremely difficult. However, if you've actually been listening to what I've been saying, and would like some more information or a copy of the food guide, Pop in sometime and see Mrs C. Smith in G-307. Now at risk of sounding like your mothers: sit up straight, stop fidgeting, eat your peas, and chew your food thoroughly.

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MUSICAL MVP OF THE MONTH

By: K.M. Fahmy

My musical MVP of the month is chosen not only on the basis of record sales but on how good a song the artist/s have created.

My pick for this month is The KLF's Justified & Ancient which features famous country singer Tammy Wynette. I've chosen this song since it combines various types of music including rap, soul, R+B, and strangely enough, country. This may be the KLF's first number one hit.

Other quality songs of the month include Mysterious Ways by U2 and Nirvana's Smells Like Teen Spirit.

EDITOR EMERITUS

Lillian Echenberg

STAFF ADVISERS

Ron Belden
John Bertram
Lorraine Codère

TECHNICAL CONSULTANTS

Ron Haddon
Students of Photolith

PHOTOGRAPHERS

Meme Napier
Joyce Perkins

CONTRIBUTORS

Brandy Deslauriers
Dominie
K.M. Fahmy
Bronwen Kiffin
April Lepitre
Sean Marshall

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THERE THEY GO !



A PILE OF FUN



GO GREMLINS !
(THEY WENT)



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Your Valentine Messages

Cherie,

A la Saint-Valentin, tu as
toute mon affection. Tu
l'auras toujours!

Baisers,
Ton étoile.

Brad Tootoo sleeps with a night
light! Todd and Larry need an
extra pair of Boxers!

Happy Valentine's Day!!

Love ya always,
Monalisa and Jennifer.
XOXO

Dear Goofy,

Will you be my Valentine?
I'll be yours,
if you'll be mine!

Love, Dimples

Bonne amie,

Je t'aime, je t'aime!

J.-C.

Lovey,

Be my Valentine.

Your dove. A.G.

Ginger,

I still love you!

Crafty

Be my Valentine,

Sonny love.

Loll,

I'm so happy to be your
Valentine!

Freckles.

Hi to the sweetest Valentines
around, Lu and Fraz. We think
you're the greatest!

Love, P.C. and K.B.

Honeybear,

Make me happy. Be my own
true cuddly Valentine!

XOXO Snuggles

Happy Valentine's Mom!

You're the best and we
love you very much.

Rosy & Ziggy

Fozzie,

Say you'll be my Valentine
and only mine and I'll let you
carry my bookbag.

Kisses,

Sunshine

To my SUGAR, forever and ever,
your Cookie.

Ma chère Valentine, tu es
tellement fine!

Ta douce moitié.

Rainbow,

Let your cupid's arrow
caress my loving heart.

Fluffy Cloud.

Ma petite poupée,
Sois à mes côtés,
Comme dans le passé,
Pour ce jour si espéré,
C'est-à-dire, le 14 février
Ton amant préféré.

Turnip,

We're great together!

Carrot

Bootsie, you're the best
Valentine a girl could ever
have!

Love, Tweet

A DIGNIFIED GRADUATION

FOR 1992?

Our Regional Student Council
led by the President, Tammy
Coates, is presently
considering suggestions for
graduation ceremonies of a
different kind than those held
in recent years. Many views
must first be heard.

In recent years the Saturday
evening graduation ceremonies
in May have included
presentation of graduation
certificates and a valedictory
address prior to the
commencement of the graduation
ball itself. The chief problem
has been an unfortunate level
of noise during both the
certificate presentation and
the valedictory speech. Some
would like to consider
separating graduation
ceremonies from the graduation
ball; others see no need for a
change although a general
agreement seems to exist that
the atmosphere of the
ceremonies needs to be
improved.

This year's graduating class
members have an excellent
chance of making a name for
themselves and obtaining the
gratitude of generations of
future graduates by
introducing appropriate
changes to the recent format.
Don't hide your ideas, grads;
let's hear them! How about
getting a hold of your
representative to Regional
Student Council for a start.
Of course, you could also
write a letter to the editor
of this paper.
(ISN'T ANYONE INTERESTED IN BE
COMING THE EDITOR OF YOUR NEWS
PAPER?) Somehow, let's get
those bright ideas for a
graduation you'll be proud of
to the people who will make
the final decision.

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MICHAEL JACKSON - Dangerous

by K.M. Fahmy

Well, what can you say about one of the most successful recording artists of all time? He looks different, he dresses different, but he still sounds pretty much the same. Pretty much.

It isn't easy being one of the highest-paid artists in the business, especially when you only have three albums to your name. But, considering one of these three became the biggest selling album of all time and the three combined have produced twelve number one singles. I guess it couldn't be that bad being Michael Jackson.

It's been four years since "Bad" and ten since "Thriller" (the most successful album of all time with forty-eight million copies sold) and Mikey's entered the 90s with his third solo album, "Dangerous".

They say third time's a charm but I think all the charm pretty much wore out when "Thriller" sold its forty-five millionth copy. But that intangible Michael magic is always there.

"Dangerous" is no match for "Thriller" and may not be surrounded with the anticipation felt with the release of "Bad" in 1988. Still, this album was much awaited and was extremely well received. It reached the pinnacle of the American, Canadian and United Kingdom charts less than a month after its release in November. It may not match the artistic quality of his previous two albums but shows the old Jackson flair of capturing the moment.

"Jam" is the first song on the album and it is an obvious attempt at capturing the interests of the 'main stream' audience. It features a rap solo from the popular rap star, Heavy D and contains absolutely no lyrical value whatsoever.

"Why You Wanna Trip On Me" is similar to "Leave Me Alone" from his "Bad" album. It is a whiny song about how fed up Michael is with all the reporters and media people who are always surrounding him. Boo-Hoo! What do you expect, Michael?

"In the Closet" is cutsey and "She Drives Me Wild" is another one of those desperate attempts at the mainstream audience. "Remember the Time" isn't bad and will be the next single off this album. "Can't Let Her Get Away" is typical and "Heal the World" is just awful; it sounds like a sequel to "We Are The World" with Michael in the middle trying to sound like an environmentally-conscious social worker, striving for world peace. Give me a break!

by K. M. Fahmy

At the recent AMERICAN MUSIC AWARDS, C+C Music Factory was the big winner, taking home five awards, including best dance single for their hit, "Gonna Make You Sweat". Other winners included Natalie Cole, Paula Abdul, and Canadian Bryan Adams, who received an award for his record-breaking hit, "(Everything I Do) I Do It For You".

* * *

Musical dynamos, THE KLF, have released their third single off their "The White Room" album. This follow-up to "3 AM Eternal" and "What Time Is Love" is entitled "JUSTIFIED AND ANCIENT" and includes the participation of the greatest female country artist of all time, Miss Tammy Wynette. Surprisingly enough, it is an excellent song and is steadily climbing the charts.

The second half is much better. "Black or White" comes in with a bang and carries through to the excellent "Who Is It". "Give In To Me" is superb and is as daring as any song Michael has ever done. It features the incredible guitar of Slash, the guitarist from Guns 'n Roses. It sounds much more like a heavy metal ballad than something you'd expect to find on a Michael Jackson album. "Will You Be There" features an angelic choir and a rare straight performance from Michael, non-interrupted by the typical 'oohs', 'ahhs', and 'yeahs' Michael is so famous for. "Keep the Faith" isn't bad at all although not as poignant as his "Man In The Mirror". "Gone Too Soon" is pretty weak and "Dangerous" sounds a lot like the Michael of old.

All in all, it's not the best album of the year and certainly not the worst. It's first single, "Black or White" broke records by climbing to the top of the pop charts three weeks after its release. "Remember the Time" will be out in early February.

There's not much else you can say about "Dangerous". It may not be the best Michael has to offer but as long as he's offering it there are millions of people more than willing to receive.

CHOICE PICKS: "Who Is It" "Give In To Me" "Will You Be There" "Dangerous"

THE BEST OF THE WORST: "Heal The World"

At the recent NAACP IMAGE AWARDS, the NAACP paid a tribute to EARVIN MAGIC JOHNSON, the L.A. Lakers basketball star who was forced to retire from professional basketball when he discovered he had contracted the HIV virus. Other winners at the awards included talk-show host, ARSENIO HALL, who received the coveted Key of Life award.

* * *

In case you were in space on January 26th, the WASHINGTON REDSKINS defeated the Buffalo Bills to win Superbowl XXVI. Although the game was the big show, many people were watching the commercials. PEPSI said good-bye to their 'Choice of a New Generation' slogan to introduce their new GOTTA HAVE IT campaign. The cost of these commercials is said to have cost three billion dollars!!!

* * *

French Canadian rock group, LES B>B> made history by releasing the first-ever French music video close-captioned for the hearing-impaired. The video, "DONNES-MOI MA CHANCE" premiered on Musique Plus.

* * *

EARVIN MAGIC JOHNSON was a guest commentator for NBC at a recent Bulls vs. Lakers game.

* * *

MICHAEL JACKSON will premiere his follow-up to the smash hit, "Black or White" on three American networks: MTV, Fox, and the Black Arts Network. The new video includes the participation of big name stars such as Eddie Murphy, Magic Johnson and supermodel-turned-actress, Iman. REMEMBER THE TIME will premiere in Canada on Musique Plus and Much Music.

* * *

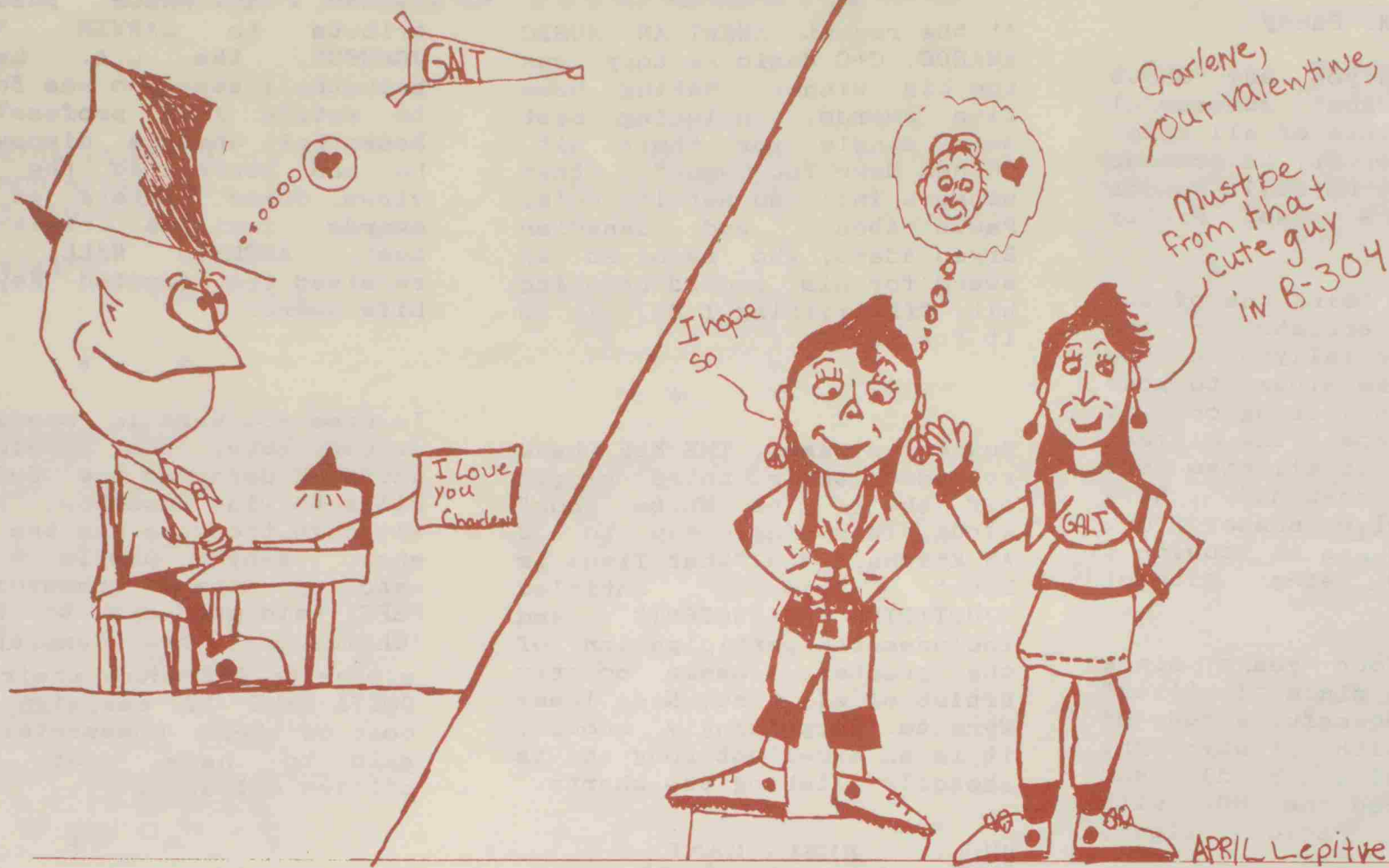
Canadian rocker, BRYAN ADAMS, has lost his "Canadian Artist" status after collaborating with an English song-writer on his "Waking Up The Neighbours" album. He will, therefore, be ineligible to win any Juno awards, the Canadian equivalent of the Grammys.

* * *

February 8th marks the start of the 16th WINTER OLYMPIC GAMES. The events will be broadcast on CBC. Canada's hopes for a major gold medal lie in three-time world champion, KURT BROWNING.

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Meanwhile.....



Well-known Words

BY: Brandy Deslauriers

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S T U V W X Y Z E A B C D E E F
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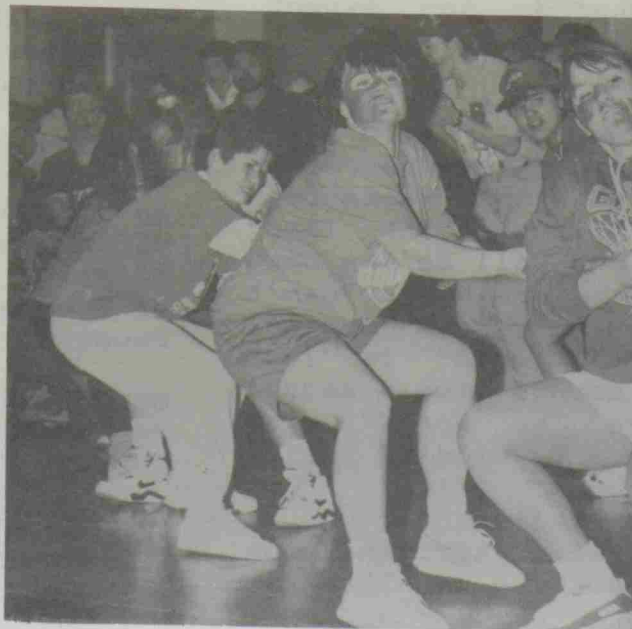
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