

WHAT'S UP?



At Alexander Galt

October 1987 Preview Issue

15 Cents

The Life Of Epileptics

Hi there!

Here's a definition of epilepsy just in case some people aren't sure: EPILEPSY; a chronic nervous condition, often attended by convulsions and loss of consciousness. It's a condition, not a disease that you can catch.

A person who has epilepsy is as normal as you and me. The only thing that's different is that he takes a quantity of medication that slows him down and makes him look fatigued most of the time. It's the same as if someone has a cold and is taking medication; that person won't feel like doing much of anything during that period of time. An epileptic is like that all of the time.

I am very close with an epileptic; as a matter of fact, I see and live his experiences almost every day. He is my younger brother. Here is his case: just to prove how much the medication slows epileptics down and how normal they would be without the medication.

When my brother was born he was fine, just like any other new-born baby. At the hospital is where it really all happened. One day one of the nurses picked him up and, for no apparent reason, dropped my brother on the cement floor at the hospital. This fall did not affect him until the age of seven. It was a Saturday

morning and we were all watching the television when, all of a sudden, he started having a seizure. We were all very scared we didn't know what was going on at all. We found out later that he was an epileptic resulting from the blow to the head he got when that nurse dropped him. Before being an epileptic, he was a top grade student. In first grade, he was starting to add, subtract and multiply; in second grade, he started to multiply fractions and divide. He was very intelligent until that terrible day came along.

He didn't do well after that; his grades went from high to low. His self-esteem was low, and taking such a large dose of medication at such a young age really affected him also. He had a hard time adapting to the other students' attitudes. They thought he was dumb and a clown; they laughed at him each time they would see him, and make fun of him. He isn't a clown, and he is certainly not dumb!

People who have this condition didn't say: "Being epileptic looks like fun. I'll

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To All The Students In This School;

I would like to inform you that there are people in this school who are epileptic. If you do not pay attention to what I have to say, you will not know what to do when someone with epilepsy falls to the ground and could hurt himself very badly.

Someone with epilepsy takes medication. Why does he take it? In order to control the seizures. Do not be afraid of it, because it is not going to go from one person to another. If you are not epileptic, go to that person and make friends with him! If he has a seizure go tell a teacher or the nurse. If he falls to the ground and starts shaking, make sure he does not hurt himself.

To the teachers and physical education teachers, let him play a sport, because if you were he, you would want to run and play soccer, etc. However, do not let him play too long or he might have a seizure.

The person who has epilepsy is all alone in the school. He wants to have friends, so be a friend - talk to him and support him.

Canada Cup Tournament

The Olympics is something we all look forward to every four years. In Canada, for the last twelve years or so, people have looked forward to seeing the best hockey teams in the world do battle with one another in an international hockey tournament called the Canada Cup.

Even before the introduction of the Canada Cup, Canada had played many memorable series against the Soviet Union. This prestigious hockey tournament was the idea of Allan Eagleson. He loves hockey and, for a long time, had followed the Canada Olympic and Junior teams around Europe. Then he thought to himself, "Why not put the best against the best?" Thus an international hockey tournament was born in Canada. Included are teams from Finland, Sweden,

Czechoslovakia, the Soviet Union, the United State, and, of course, Canada.

The Canadian team is composed of our best National Hockey League players and maybe one or two Olympic team members. The rules are a little different in this Tournament. For instance, fighting is not allowed unless you do not want to play the next game. Also, you always have a neutral referee unless otherwise agreed.

Four tournaments have been played already. Canada has taken three out of the four, the most recent one having been in September. Canada beat the Soviet Union 6 - 5 in the final game of a three game series. The Soviet Union has won the only other Canada Cup series.

Allan Ross

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From The Clinic

NON SMOKING PROGRAM is now in operation. For those students, seriously wanting help to stop. For more details, please contact the clinic at Galt.

Someone close drinks too much? If you wish to talk about it in confidence, please contact Yvette Bourque.

The C64 Corner

by J.E.Greer

Well, school has been in operation for almost two months now and it's about time to bring you up to date concerning The C64 Corner. Before I get into that however, let me tell you the news that's left over from last year. In this column a prize was offered to the person who could give me the word for "fear of computers". No one responded correctly all year. I finally ran across the word myself. So guess who gets the prize? The word is CYBERPHOBIA. At some point during the year we will be displaying in our C64 Lab a simple programmable robot which was manufactured by Fischertechnik. I don't quite have all the "bugs" out of it but it is 99% operational. I hope that many of you will drop by and have a look at it. We have recently received some new TPUG disks which will shortly be placed in the C64 office for your perusal during noonhours. Other new software we have received: MECC's The Glass Computer, and Adventures with Fractions. See you in the C64 Lab!

Rubber Chickens - Friend or Foe?

Every week we have reports on television, newspaper articles and radio broadcasts telling us of the latest good deed of the Rubber Chickens.

First it was Rubber Chicken Aid. They gathered all across the world to donate funds to help fellow Rubber Chickens in need. Then it was the "Non-Flying Birds Have Rights Too" Campaign, which joined Rubber Chickens, penguins and ostriches from all over the continent to fight for equal recognition in the bird species. And, the latest public stunt, Rubber Chickens Love America. This big event will be televised a week from Sunday, and will show two thousand sixty-seven hundred and nine rubber chickens stretched out across the Arizona Desert, in the shape of Ronald Reagan, pledging their undying love for America.

Now with all these good deeds, who could question the credibility of the Rubber Chickens?

Well, word has it that

ever since the "Non-Flying Birds Have Rights Too"? Casmpaign the rubber chickens have been getting more and more radical. It has even been said that they are involved in shady deals with Mexico. However, the only proof we have of illegal doings is thanks to our spy. Yes, there was an agent who went undercover as a Rubber Chicken and was invited to join

R.C.A.N.D. (Rubber Chickens Against Nuclear Disarmament.) Yes, there you have it. The Rubber Chickens do indeed have a terrorist organization, and, yes, headquarters is located just outside of Libya.

Now, the question is, do we continue to let these rubber chickens pull the feathers over our eyes? Or do we put an end to this once and for all?

The next time you meet a Rubber Chicken, don't be too quick to run up and shake his wing. Remember, is he friend or foe?

Pamela Sylvester

Looking Back

When I first accepted the position of security-student supervisor, I knew it was going to be quite a challenge. Among my duties were seeing that students made it to their classes on time, finding and dealing with those skipping classes, and trying to make the students aware of using garbage cans. Not an easy job!

Looking back, I have fond memories of getting to know the students and learning about their studies and extra-curricular activities.

I am looking forward to getting to know the new students. I can only hope that this year goes as well as last year.

All the best for '87-'88.

Frank Sparkes



Classified Ads

FOR SALE

Men's Cross Country skis, with poles and boots. \$50.00. Contact Arthur Moore, 943 Walton Ave., Sherbrooke ot Central Office.

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be an epileptic." It isn't their choice to make; it just happens to them.

If people would understand the hard life they live each day, they would understand. Epileptics take so much medication and go through so many treatments and hospital tests, it is not funny at all; it's very painful, physically and morally.

People who deprive epileptics from practicing their favourite sport(s) are doing wrong. They have to get their exercise also, whatever the sport may be. So the next time you see an epileptic, don't put him aside from the rest of the world, and especially do not laugh.

For more information on epilepsy, write to:

Ligue de L'épilepsie du Quebec
3175 Chemin Cote
Ste. Catherine Bureau, 4839
Montreal, P.Q. H3T 1C5.

The idea behind this column is to enable the writer to present ideas which will encourage counter-proposals and further ideas in future issues.

The School Year

You can study that little blue card calendar eighteen times, but you will not find more than 169 class days for our school commencing on September 3 and ending on June 3. If we have a Carnival Day, this brings the total to 168 class days (24 cycles) and then, if you consider two periods free on the autumn activity afternoon and two further periods free in a possible winter activity afternoon and a morning only attendance on the last day prior to the Christmas holidays, we are down to 167 class days, in effect. I'm sure you will readily agree that the school year in itself is a short affair from beginning to end.

If somebody had the bright idea of running each course for eighteen days of eight hours each, the year could be concluded after 126 class days. The big question is: What kind of learning experience would this be? Perhaps it could be much more intensive and engrossing than by the present method of little classes with all those 'tween-class walks.

Let's now come down to Earth.

One idea should be implemented as soon as possible is an earlier start to the school day. Ideally, we should begin at 8:00 a.m. and be on our way home by 2:00 p.m. But let us be more practical for the year 1988-1989 and suggest a beginning time of 8:30 a.m. - for the first class with 8:20 a.m. - 8:30 a.m. being Homeroom period. This scheme enables the afternoon sports schedule to be under way earlier when the days become shorter and when long bus rides are part of the routine. Further, many students are so exhausted when they reach home that very little homework is EVER done. An earlier departure time from AGRHS might make this situation one of the past.

I was going to suggest a six-day school week to enable us all to finish the school year by April 30, but this will have to wait.

Bletherington Wordy



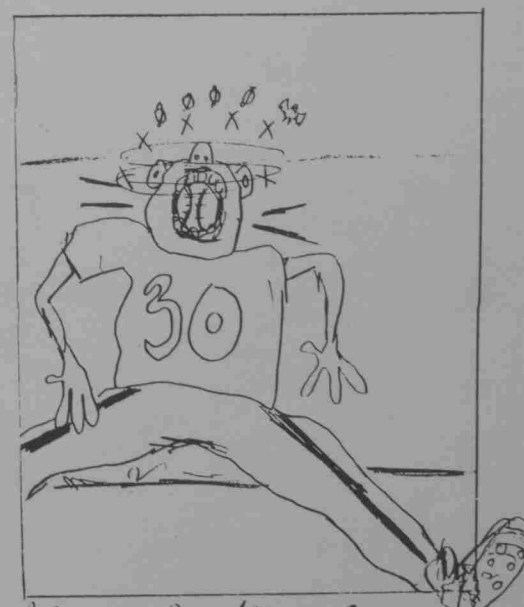
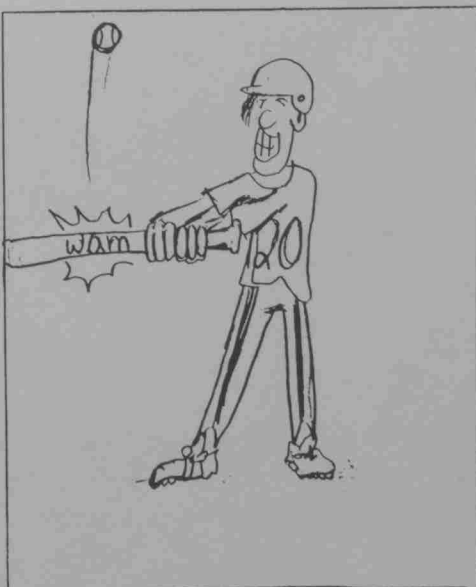
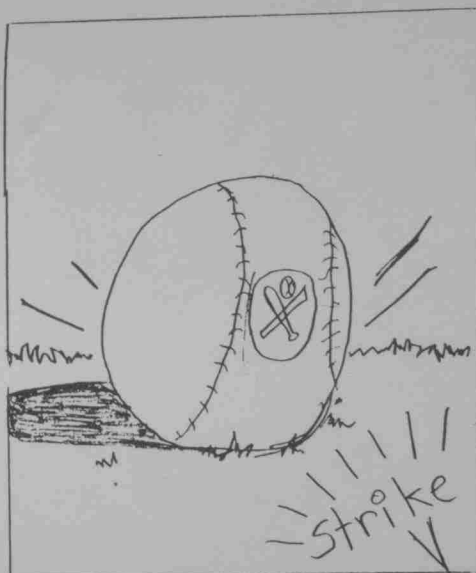
The Chaplains

'Each year, UNICEF invites Canadian students to actively take part in one of the most impressive events of sharing and solidarity: UNICEF's Halloween.' These words from UNICEF's 1987 Campaign encourage us to get involved in helping to raise money for this very worthy cause. If you are planning to go out on Halloween night, please come and get a UNICEF collection box from us. If you have any other ideas for raising money for UNICEF here at Galt, please drop in to our office and let us know what those ideas are.

Let's take up the challenge to help children throughout the world.

Heather and Joe
School Chaplains

Base-Ball



Mario Boutin Orange 303

M	C	L	U	B	E	E	F	E	A	T	E	R	S
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IN “UNIFORM”

WORD OF 9 LETTERS:
INVINCIBLE UNIFORM

BAKER
BEEFEATERS
BELLHOP
BUNNY (Playboy)

CADET
CAPS
CHEERLEADERS
CHEF
CLERGY
CLUB
CUBS

GUIDE

HEALTH SERVICE

JESTER

MAGISTRATES
MAID
MINISTER

NURSE

PILOT
POLICE
POSTMAN
PRIEST

SAILOR
SCHOOL
CHILDREN
SCOUT
SECURITY GUARD
SERVANTS
SHERIFF
SOLDIER

TIES

VEST

WAITER

WE NEED YOU!

SHARE YOUR THOUGHTS AND IDEAS.

WRITE!

- ADVERTISE WHAT YOU WOULD LIKE TO SELL.
- SEND A MESSAGE TO A FRIEND.
- READ ALL THE NEWS THAT’S FIT TO SQUINT.

PARTICIPATE IN YOUR SCHOOL NEWSPAPER!